

ANNUAL REPORT

2022

FONDATION
JEUNES
EN TÊTE





INTRODUCTION



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OUR MISSION

The mission of the Fondation Jeunes en Tête is to **prevent psychological distress in young people aged 11 to 18 in Quebec.**

We accomplish this mission by providing teens, their parents and school staff with **online tools and awareness workshops in schools.**

**DESTIGMATIZE,
RAISE AWARENESS
AND EMPOWER,**

this is what we do every day to help
the next generations face the life's challenges.

WELCOME!



Mélanie Boucher

Executive Director,
Fondation Jeunes en Tête



Éric Bujold

Board Chair,
Fondation Jeunes en Tête

Head of Client Relations,
National Bank of Canada

The year 2022 reaffirmed the importance of our mission : **mental health prevention is vital.** It is vital not only for teens, but also for the people around them and, by extension, for society as a whole.

As we emerge from the pandemic, there are still very few studies on youth mental health. Therefore, we cannot yet know the real consequences that it has had on our teens. What we do know, however, **is that the young people we see on the ground have told us about their distress, that schools have actively sought out our workshops and that the demand for our online tools has literally doubled.**

We have worked relentlessly to answer their call. None of this would have been possible without the **generosity of our faithful donors** and those who have joined the cause this year in ever-increasing numbers. So, without further ado, we invite you to discover what we accomplished in 2022.

Thank you for your support, which helps change the lives of young people year after year.

HAPPY READING!

2022 IN NUMBERS

\$1,600,000

invested in our programs
(workshops and online toolkits)

86

new online tools
for young people,
parents and
school staff

100 %

of schools
found our
workshops
interesting

7,200

donors

34

partnerships and
fundraising events

47,000

people
informed through
our workshops

192,000

people visited
our website

OUR TEAM



GROWING TO FULFILL OUR MISSION

In 2022, the Foundation strengthened its team by welcoming **a human resources manager**. Our growing organization needed this new position on our team: one year after its creation, the results are clear.

The Foundation continued to grow despite the pandemic and the labour shortage. The team was proud to welcome **nine new permanent employees in 2022**. Our team will continue to evolve in 2023 so our organization can continue and advance its work.

FINDING THE RARE GEMS

We had the privilege of receiving pro bono services from Sept24, an HR marketing specialist, **to create a recruitment campaign for the school workshop facilitation team**.

This campaign was highly successful and generated more than 1.2 million views, which raised our profile as a potential employer. **We received more than 900 applications, allowing us to hire a record number of 16 carefully selected facilitators.** It is vital for our workshops to be offered to youth by passionate, attentive people. Mission accomplished!



OUR CONTRIBUTION



Your donations went far this year.
Discover how many people we were able to help thanks
to you and all the tools we developed to go even further.

2022 WORKSHOPS IN REVIEW

Since 1998, we have been working in schools to give workshops and refer young people experiencing psychological distress to professional resources in their community.

MENTAL HEALTH BASICS & PARTNERS FOR LIFE

These two workshops were developed alongside experts and are offered to schools free of charge thanks to the incredible generosity of our donors!

100 % of schools found the content interesting

88 % of schools thought that the Partners for Life workshop saves lives

What schools are telling us

197 young people consulted school resources after our visit

163 students in schools received treatment, 16 of whom required hospitalization



47,000 people informed



16 of 17 regions visited

- 100 cities
- 120,420 kilometres travelled



In 2022, facilitators referred 383 young people to school resources



173 institutions visited

2022 WORKSHOPS IN REVIEW

OUR FACILITATORS : AN INVALUABLE ROLE

With their important subject matter, their visual presentation and the facilitators' humour, young people were able to demystify depression, become more aware of it and be better equipped to face it.

Cindy Mask,
special education teacher
École secondaire Le Tremplin, Malartic



LIVES SAVED

When I participated in the workshop, I didn't know it would save my life one day. If I hadn't received and held on to that perspective, I would have sunk into darkness.

Student workshop participant,
École secondaire d'Oka



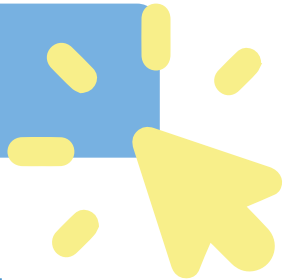
OUR TOOLKITS

Mental health education and awareness tools available for free and at any time for young people, families and schools.

FAMILY TOOLKIT

TEEN TOOLKIT

SCHOOL TOOLKIT



To go beyond our workshops and equip young people's entire network, we worked with mental health and education experts (psychiatrists, psychologists, academic researchers and educators) to develop **three online toolkits**.

The content of each toolkit is based on **the development of seven skills in the form of articles, mini-guides, videos, conferences, quizzes, podcasts and lesson plans**. They are available in English and French.



RECORD NUMBERS

2X MORE TOOLKIT VISITS
than in 2021

78,000 PAGE VIEWS
in the teen toolkit

100,000 PAGE VIEWS
in the family toolkit

40,000 PAGE VIEWS
in the school toolkit

OUR TOOLKITS

86 NEW TOOLS ON OUR WEBSITE



Our content library continues to expand. Here is what we added to our toolkits this year and how we supported **young people, their parents and school staff to get equipped.**

14 ARTICLES

16 CURRENT
EVENTS POSTS

4 MINI-GUIDES

2 INFO
SHEETS

16 PODCASTS

20 VIDEOS

10 EXPERT
VIDEO CLIPS

4 LESSON
PLANS

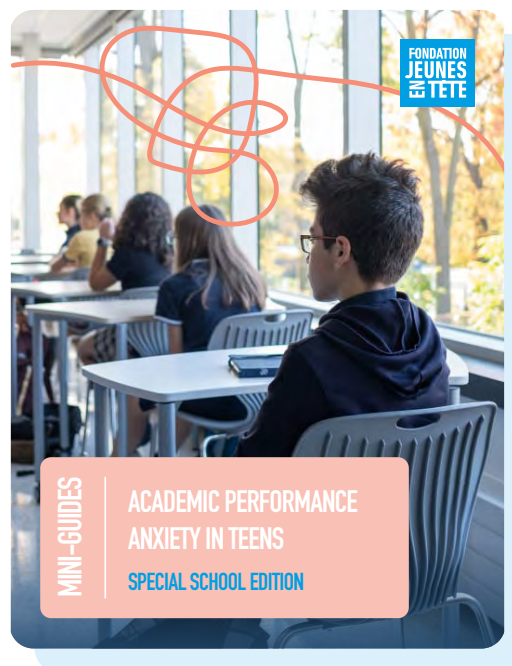
10 FACEBOOK LIVE
BROADCASTS WITH EXPERTS

12 NEWSLETTERS FOR SCHOOLS
AND ORGANIZATIONS *[Sign me up!](#)*

OUR TOOLKITS

OUR FLAGSHIP TOOLS

Since anxiety has been on the rise in young people since the pandemic began, **we developed a great deal of new content** on this topic to enable parents and school staff to equip and help their teens to manage their anxiety better. Here are a few examples :



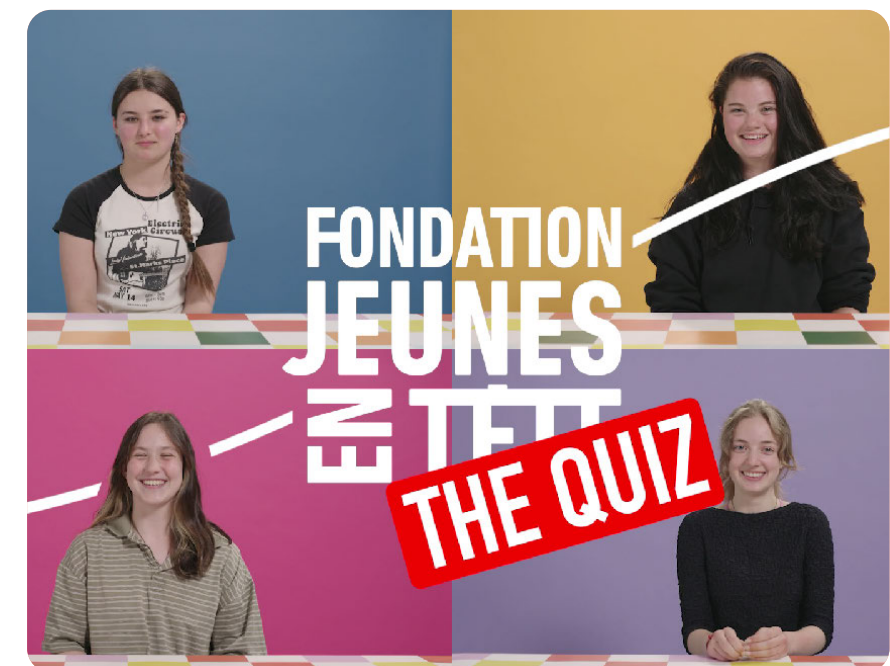
Special School Edition MINI-GUIDE
“Academic Performance Anxiety in Teens”

[Read it](#)



Special Family Edition MINI-GUIDE
“Academic Performance Anxiety in Teens”

[Read it](#)



VIDEO for youth
“How do you deal with your anxiety?”

[Watch the video](#)

SUPPORTING ORGANIZATIONS

In 2022, Fondation Jeunes en Tête worked with **nearly 20 youth aid organizations**.

These organizations work with young people facing various issues by means of innovative programs and projects.

ACCÈS PSY • BOSCOVILLE • CJE CHAUVEAU • CENTRE JACQUES-CARTIER
DIPLÔME AVANT LA MÉDAILLE • EXEKO • GESTION JEUNESSE
GROUPE ACTION JEUNESSE DE CHARLEVOIX • INTÈGR'ACTION JEUNESSE
JEUNES MUSICIENS DU MONDE • LA MAISON DAUPHINE
LE GRAND CHEMIN • MOTIVACTION JEUNESSE • OCÉAN • PILIER JEUNESSE
PRO-JEUNE-EST RIMOUSKI-NEIGETTE • SPORT'AIDE • SQUAT BASSE-VILLE

By supporting various initiatives of organizations in the greater Quebec City area and Eastern Quebec through funds raised at the Quebec City Mayor's Ball, the Fondation promotes synergy between stakeholders in youth aid, thus maximizing their shared engagement with young people.

In 2022, one of our goals was to raise awareness of our tools as widely as possible.

CAMPAIGNS

PROVINCIAL PARENTS' CAMPAIGN

With the theme of **“Untangling your teens’ mental health,”** this TV, radio, online and poster campaign reached **more than 90% of parents with children ages 0 to 18 in Quebec.** Online searches about the Fondation increased by 300%, a sign of marked interest in mental health tools for youth.

These remarkable results would not have been possible without the generosity of our many media partners. A big thank you to them!



SCHOOL STAFF CAMPAIGN

To enable large numbers of professionals working with young people to discover our **academic performance anxiety mini-guide**, we organized **a social media campaign for this target audience for the first time.**

With this move, **our guide was downloaded 2,500 times and we doubled the number of subscribers to our monthly newsletters for schools and organizations:** we now have 2,300 subscribers. School staff keep asking for our insightful free tools!

PLANNED GIVING CAMPAIGN

Fondation Jeunes en Tête partnered with Will Power to promote planned giving to the general public.

Leaving a donation in one’s **will** is simpler than many think and will not deprive their loved ones. **It is an excellent way for a person to continue their commitment to helping others,** even after their passing. Planned giving plays an essential role in making our activities sustainable!



FUNDING

Our free tools and workshops would not be possible without the generous donors who rally around this cause that they hold dear.

DONATIONS

CORPORATE CAMPAIGN AND MAJOR DONATIONS

In 2022, we were honoured to once again be able to count on the commitment of our pillars, **the major donors whose significant contributions ensure the sustainability of our mission, year after year.** We are extremely grateful for their solidarity and trust in our prevention work with young people.

NEW DONORS

- Beneva
- Choquette-Legault Foundation
- Famille Leblanc Foundation
- The Tenaquip Foundation
- TD Bank Financial Group
 - Groupe Robert
 - Desjardins Group
 - Pratt & Whitney
- Promutuel Estuaire
 - Sun Life
 - TC Energy
 - Warner Bros

LOYAL PARTNERS

- Scotiabank
 - BMO
 - CHSSN
 - Énergir
- The Libermont Foundation
- Paul A. Fournier Foundation
 - Metro
- Power Corporation
 - RBC
 - Rio Tinto

DIRECT MAIL CAMPAIGNS AND PRIVATE DONATIONS

We would like to express **our warmest thanks to all private donors who demonstrated their exceptional generosity this year.**

The donor response rate and their average donation are both on the rise, **bearing witness to increased public awareness of young people's mental health.**

Our 2022 direct mail campaigns raised nearly **\$100,000.** We also received a **\$55,000** legacy gift.



From the bottom of our hearts,
Thank you!



31st GOLF TOURNAMENT

The 31st Fondation Jeunes en Tête Golf Tournament took place under sunny skies on Monday, June 13, 2022, on the gorgeous greens of Club Laval-sur-le-Lac.

This fantastic day began with a delicious brunch served to all participants. Gourmet buffets accompanied the players throughout the gorgeous day, which ended with a well-deserved cocktail dinner buffet!

The Foundation was touched by the wave of generosity of its 260 participants, as well as of its donors, sponsors and loyal partners who raised **\$480,000 for the mental well-being of youth in Quebec!**

These funds will enable us to **continue our mission throughout Quebec** through our school workshops (Mental Health Basics and Partners for Life) and online toolkits.

FUNDRAISING EVENTS

31st Golf Tournament in Pictures



CHAIR

JEAN-YVES BOURGEOIS - Executive Vice President
Business Services, Desjardins Group

COMMITTEE CHAIR

STÉPHANE LAVIGNE
Senior Vice President and Chief Financial Officer, GDI

COMMITTEE

NADA ASSI - KPMG

DONALD BASTIEN - Member of multiple boards

RÉAL BELLEMARE - Desjardins Group

CAROLINE BOURDON - Paul Gaulin Management Inc.

CAROLINE BRAULT - TD Bank

NICOLAS G. CHEVALIER - Pembroke Management

JEAN-SÉBASTIEN MONTY - Humanise Collective

NATHAN LAPOINTE - Lapointe & Co

VINCENT SAUVÉ - Service Now

THE FOUNDATION WOULD LIKE TO THANK ITS PARTNERS

Diamond Foursome : Desjardins Group

Platinum Foursome : National Bank, UKG, RCGT,
La Presse, IBM, EY, Harnois Énergies Inc.

Gold Foursome : Walter Group, Kyndryl, Givisco Inc.,
Microsoft Canada, CGI, Narcity Media, AMJ Campbell

Silver Foursome : KPMG, Xerox Canada Ltd., Fiera Capital,
Levio Consulting, BMO

Bronze Foursome : Scotiabank, TD Bank, GDI, Lumen,
Jarislowsky Fraser, Refplus, MNP, Altium, Bombardier,
Martin & Associates, Langlois Lawyers (LKD Management),
Accuracy, Garda World, Oracle, PWC

Under the Hood Sponsor : Pembroke Management Ltd.

Refreshment Sponsor : Stikeman Elliott

Cocktail Sponsor : Deloitte

Representatives of these companies during this period

FUNDRAISING EVENTS



18th VALENTINE'S DAY BALL

The Fondation's 18th Valentine's Day Ball was held on Thursday, April 28, 2022, **to benefit the prevention of psychological distress in young Quebecers**. This year's event was co-chaired by Nathalie Gagnon from BCF Business Law and Éric Bujold from National Bank and was hosted by Mitsou. Among our guests, we were honoured by the presence of the Hon. Mélanie Joly, Minister of Foreign Affairs of Canada, Christian Dubé, Quebec Minister of Health and Social Services, and Pierre Fitzgibbon, Quebec Minister of Economic Development and Innovation and Minister of Regional Economic Development.

The 18th Ball was an intimate event due to the pandemic health measures. As a result, 420 people gathered at Windsor Station in Montreal to show their support for the cause. The Fondation was delighted to see its guests float upon the waves of love and charm of Mykonos for the cause! Through the generosity of its guests, partners, sponsors and associates, **Fondation Jeunes en Tête was able to announce net proceeds of \$420,000**. We thank all our guests for their incredible generosity during our philanthropic auction featuring the viewing of our Perfectly Imperfect video. The video breaks taboos surrounding mental health in a lighthearted, entertaining and uninhibited way.

These funds will help raise awareness among even more young people and those around them, right in their own environments. Special thanks to Cava Rose for the breathtaking theme and to Bob Agence for developing the visual identity of this year's event! We would also like to thank the Air Canada Foundation for the incredible donation of the grand prize for our auction.

FUNDRAISING EVENTS

Valentine's Day Ball in Pictures



HONORARY CO-CHAIRS

ÉRIC BUJOLD

Board Chair , Fondation Jeunes en Tête
Head of Client Relations, National Bank of Canada

NATHALIE GAGNON

Partner, Lawyer, Head of the Montreal
Business Law Group, BCF Business Law.

GOVERNORS' CIRCLE

SONIA BOISVERT - PwC

SYLVAIN CORBEIL

TD Bank (now Scotiabank/Roynat Capital)

PIERRE DESJARDINS - Chades & Associés

PAUL GAULIN - Paul Gaulin Management

CAROLINE BOURDON - Paul Gaulin Management

PAULE LABELLE - Cava Rose

DOMENICA MACIOCIA - Bell Canada

CATHERINE PARENT - Roynat Capital/Scotiabank

GOLD PARTNERS

Manulife, Montrusco, RBC, Sun Life

SILVER PARTNERS

BDC, BMO, Béton Provincial, Bombardier,
Caisse de dépôt et placement du Québec,
Cogeco, Desjardins, Fonds Immobilier de Solidarité FTQ,
GDI, Strategis Consulting Group, Groupe Leclair,
Fort Insurance, KRB, Tempo Shelters,
Substance/Radiance, Port of Montreal,
Viau Food Products, Rio Tinto, Roland Berger,
Savaria, Walter Capital, Fort Financial Group

Representatives of these companies during this period



4th BAL DES LUMIÈRES

Created in 2013, the Bal des lumières gathers nearly 750 guests around the Douglas Foundation, Fondation de l'Institut universitaire en santé mentale de Montréal and Fondation Jeunes en Tête to benefit a single cause : mental health. This year's event, which took place at the Bell Centre, **raised \$2,060,000 in net proceeds to benefit the three organizing foundations.**

This major philanthropic event helped to **ensure the continued actions of these foundations in all areas of mental health** : prevention and awareness of psychological distress in young people, psychological treatment and care, and research, to name just a few.

The ball was hosted by the talented Marie-Claude Savard and moved to the sound of amazing performances by the folk/country duo Veranda, Oji-Cree artist Arachnid and outstanding rock group The Brooks.

FUNDRAISING EVENTS

Bal des lumières in Pictures



CO-CHAIRS

MIRKO BIBIC
President and CEO, Bell

LAURENT FERREIRA
President and CEO, National Bank

GEOFF MOLSON
Owner, President and CEO,
Club de hockey Canadien, Bell Centre and evenko

JULIE GODIN
Co-Chair of the Board, Executive Vice-President,
Strategic Planning and Corporate Development, GDI

JACQUES GOULET
President, Sun Life Canada

Representatives of these companies during this period



11th MAYOR'S BALL

The Fondation Jeunes en Tête's 11th Mayor's Ball took place on Friday, December 2, 2022, at Fairmont Le Château Frontenac. Co-chaired by two exceptional women, Nancy Avoine, EY, and Geneviève Fortier, Promutuel Insurance, this remarkable evening whisked us away to the playful universe of the Enchanted Forest!

This charity event, produced by Go Productions, combined solidarity, fine dining and extraordinary wines to assemble nearly 600 people around a single cause: **preventing psychological distress in young Quebecers.**

An extraordinary rally raised **a record \$650,000 in net proceeds**, making this year's edition of the **Fondation Jeunes en Tête's Mayor's Ball a resounding success!** This generous amount will go to youth aid programs in the Capitale-Nationale region and in Eastern Quebec.

The funds raised will also increase the reach of the Fondation's mission through its **Mental Health Basics and Partners for Life workshops**, which are offered free of charge to schools in the Capitale-Nationale region, and the development of online toolkits to help parents, teachers and our young people.

A very special thanks to Ig2 for the visual branding, Fairmont Le Château Frontenac for their invaluable support, Baroness Noémie de Rothschild for her sparkling presence and Dandurand/Galleon for the exceptional wines.

FUNDRAISING EVENTS

Mayor's Ball in Pictures



CO-CHAIRS

NANCY AVOINE

Managing Partner - Quebec City Office, EY

GENEVIÈVE FORTIER

Chief Executive Officer - Promutuel Insurance

HONORARY SPONSOR

BRUNO MARCHAND

Mayor of Quebec - Quebec City

GOVERNORS' CIRCLE

SERGE LABEL - BCF Business Law

HUGO CÔTÉ - Kaléido

JEAN GAGNON

National Bank Private Banking 1859

CAROLE GHERLEND

RBC Private Banking

MARC-ANDRÉ GRAVEL - GBV Lawyers

NATACHA JEAN - Micro Logic

BRITTA KRÖGER - La Maison Simons

SUZIE LABBÉ - Sun Life

MARTIN LAFRANCE - Ueat

DONALD LAROSE - JLL

DENIS LEFRANÇOIS - Groupe Theetge

JEAN QUENNEVILLE - Rio Tinto

JÉRÔME MARCOUX - Pomerleau

OLIVIER ROCHETTE - QSL

FRANCE RODRIGUE - Beneva

FRANÇOIS SANTERRE - Englobe

MYRIAM ROBITAILLE - RBC Private Banking,

CLAUDE TESSIER - iA Financial Group

MARC VILLENEUVE - Desjardins Group

Representatives of these companies during this period

AMBASSADOR EVENTS

The year 2022 was marked by a series of ambassador events, each more interesting than the last and all sparked by a common interest in young people's mental health!

THESE INITIATIVES RAISED
\$130,000 TO SUPPORT OUR MISSION.
DISCOVER THE SOLIDARITY
OF OUR COMMUNITY!



AMBASSADOR EVENTS

Charity Stream - January 8 to 9

Organized by **Alexandre Tremblay and his friends**, this event was a **non-stop Twitch stream that lasted for 29 hours**. This virtual activity resulted in a **donation of \$3,100**.

Rotaract - May 18

The **Club Rotaract** de l'île de Montréal **celebrated its 10th annual gala** with the original theme of Garden Party. **\$2,500 was raised for the cause!**

Franky Fade - June 22 to July 21

Franky Fade, a rapper and composer from Montreal, used the debut of his new video to encourage his listeners and their loved ones to donate generously to our cause. **\$1,215 was raised!**

Festi-Sympo - September 17 and 18

Cartel 21 is an organization dedicated to engaged art. This second edition, in the presence of Jean-Nicolas Verreault and his family, **raised \$1,820**.

Dersed ACCESS RCRDS

Sedrick, aka **"Dersed"**, is a 22-year-old independent DJ/producer from Montreal. He decided to **donate \$1,000** to us!

STUDENTS RALLYING FOR THE CAUSE!

Here are the high schools and Cégeps that organized events this year to benefit the Fondation:

École des Timoniers - February to June

The student committee at **École des Timoniers** decided to support our cause by choosing us as beneficiaries of the **\$1,000 in donations** gathered since last February during the various events they organized.

Cours pour la cause - April 11 to May 9

For this event, organized by **the Police Technology students at Collège de Maisonneuve**, participants walked or ran 1,000 km, physically or virtually. **They raised \$4,900 for the Fondation!**

Samedi Brou - April 30

Samuel Richer, a communications student at **Cégep de Rosemont**, organized a comedy night for the benefit of the Fondation and raised **\$250 for the cause**.

Collège Mont-Saint-Louis - May 6

For its open house, **Collège Mont-Saint-Louis** chose to mark the event through a donation of \$2 per visitor to Fondation Jeunes en Tête. No less than **\$4,500 in donations** was collected that day.

ECS - May 19

Students at **ECS** organized a bazaar, an annual event at their school. Thanks to them, their classmates, parents and teachers, **\$4,000 in donations was raised!**

École secondaire des Pionniers - May 19

The **Lâche pas le Guidon** event, organized by five generous students who biked a 300-km route, led to a **donation of \$570**.

Concert des ados - June 4

The 2022 edition of the **Concert des Ados** took place on June 4 at the Anglican Cathedral of the Holy Trinity in Quebec City. After the concert, the young musicians chose Fondation Jeunes en Tête as the lucky beneficiary of the evening. A tremendous THANK YOU to: Maïka Audet, Antonie Bouchard, Charlie Bouchard, Rachel Ferland-Turbis, Clara Gilbert, Juliette Gilbert, Émilien Marcil, Louis-David Rompré and Thomas Rompré! **\$160 in donations collected!**

Cyclo-Défi pour la pédiatrie - August 20

Around 50 medical students from the **Université de Montréal** pedalled for the cause, raising the **generous amount of \$16,765**.

La soirée Découv'RIRE - December 1

A magnificent music and comedy night, organized by students from **Cégep Saint-Jérôme**, **raised a donation of \$3,250!**

AMBASSADOR EVENTS

GENEROUS BUSINESSES SUPPORTING THE CAUSE !

Here are the initiatives organized by ambassador businesses :

Krispy Kernels - April 2021 to April 2022

The generous employees organized several small-scale fundraising campaigns to support the Fondation. **\$10,000 collected in donations!**

Journée Santé avec la Clinique MPB – July 16

Many activities were offered to celebrate **Clinique MPB's ninth anniversary**, including conferences given by health professionals: massage therapists, a chiropractors and a nutritionists . It was a great success, with **\$300 raised for the Fondation.**

Tournoi de golf AQGN – September 1

Golf tournament organized by the **Association québécoise du gaz naturel**. The Fondation was the recipient of **\$3,500.**

Chartrand Ford – September 9

A donation box at **Chartrand Ford** raised a **fantastic \$1,000 for the Fondation!**

Roland Berger – October 27

Roland Berger celebrated its 10th anniversary in Canada at an event that brought together nearly 200 people from the business community at the Four Seasons Hotel Montreal. **\$7,500 was raised during the evening!**

Défi Entreprises - May and June

A philanthropic initiative combining health and engagement in the workplace ended with a major unifying event. **Défi Entreprises** donated \$10 per registered company and the participants collected contributions to the cause. **They raised \$52,000!**

Demers Beaulne - December

The **Demers Beaulne consulting and accounting firm** chose us as their beneficiary and donated an amazing **\$10,000 to us!**

Équipe Maya – December

The **Nous Vendons Votre Maison** real estate agency gave back to the community through their "Servez en Grand" initiative. Équipe Maya decided to support us by offering the **generous amount of \$2,000 !**



AMBASSADOR EVENTS

LET'S BOND

Once again, we were able to count on the support of **Let's Bond**, a Montreal collective of young professionals whose mission is to **raise funds and organize unforgettable events in support of mental health**.

The 2022 edition was a huge success! Fondation Jeunes en Tête's share of the proceeds was **nearly \$300,000!**

The Derby by Let's Bond took place on May 26 at Percival Molson Stadium. Thanks to the involvement of the 24 teams and many volunteers of The Derby, presented by Desjardins, **an incredible \$190,000 was raised**.

All proceeds were shared between the Douglas Foundation, UP House and our Fondation.

The Urban Ball by Let's Bond took place on the evening of Friday, October 14, 2022, at Le Salon Richmond 1861. Guests were transported into the emblematic universe inspired by the James Bond film *Diamonds Are Forever*.

This philanthropic celebration, marked by the generosity of the evening's partners, allies and donors, **raised a generous amount for mental health!**

The **first edition of the Let's Bond X Holt Renfrew Ogilvy Holiday Soirée** presented by RBC took place on December 7. **10% of sales made during the evening were donated to Fondation Jeunes en Tête.**



NB GRAND TOUR

The 10th edition of the NB Grand Tour, with honorary chair Lucie Blanchet, Executive Vice-President - Personal Banking at National Bank, took place in the stunning Mont-Saint-Bruno area.

This event brought together **400 participants and volunteers!** Thanks to their motivation, **\$175,000 was raised to support the Fondation and 13 other organizations.**

Beneficiary organizations: Fondation Jeunes en Tête, Centre Notre-Dame de Fatima, Centre petite échelle, Fondation du Centre Jeunesse de la Montérégie, Fondation Louis-Philippe Janvier, Fondation Papillon, Inform'elle, L'envol, Le Phare Enfants et Familles, Maison des jeunes de Saint-Bruno, POSA source des Monts – Maison Stéphane Fallu, Pour 3 Points, Prévention des dépendances l'Arc-en-ciel and Opération Bonne Mine (Société Saint-Vincent de Paul).

PHILANTHROPIC PARTNERSHIPS

Mauvais Garçon

Alex Barrera, owner of the shop, is deeply committed toward young people's mental health. He chose to donate **\$5 to Fondation Jeunes en Tête for each candle sold online.**

Solidarity Sports Masks

Carl Forand, owner of the shop, wants to make a difference for young people so they can be equipped to face psychological distress.

The company decided to donate **\$1 to the Fondation** for each COVID-19 protection mask sold from January 24 to February 24, 2022.

Allo Simonne

Allo Simonne offered us **\$1 for each delicious Bliss Box sold.**

JLL

Centre Eaton and Place Montréal Trust sold comfort boxes to benefit the Fondation.

Horace Jewelry

This company, which specializes in creating jewellery for women and men, sold its wonderful Happy necklace. **\$5 was offered to Fondation Jeunes en Tête for each necklace sold.**

Pelotes & Cie

From January 25 to 30, **10% of box sales was donated to the Fondation.** The theme of the anxious knitter box highlighted the importance of taking care of yourself and alluded to the mental health cause.

Marie-Christine

During performances of this play about anxiety, **\$1 was given to the Fondation for every t-shirt sold.**

Mathely & Co

From September 1, 2021, to March 1, 2022, **Matherly & Co donated 10% of its sales to Fondation Jeunes en Tête.**

L2L Coaching

Domenic, founder of L2L, **donated \$5 to us for each platform sold.**

Socks and teddy bears

For the holidays, **Quebec designer Guillaum Chaigne** decided to support the cause of presenting psychological distress in young people by **donating 100% of the profits of his teddy bears and Christmas socks to the Fondation!**

**TOTAL RAISED
BY ALL PARTNERSHIPS :
\$10,000**





PARTNERS AND ALLIES

The Fondation is part of a broad network that supports teens.
Discover our business volunteers, donors,
experts and the schools that welcome us.

BOARD OF DIRECTORS

Deeply committed to the well-being of Quebec teenagers, the Fondation's team is enriched every day by the expertise and professionalism of the members of our Board of Directors, all from the business world or the mental health field.

We are proud to present this extraordinary team to you!

EXECUTIVE COMMITTEE

ÉRIC BUJOLD

Head of Client Relations,
National Bank of Canada

LUC BACHAND

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